



We are located in the Flamingo Lakes Professional Plaza at the corner of Flamingo and McLeod, on the west side of the complex behind Century 21.

Desert Wind Therapeutics, LLC

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www.dwtherapy.com

Cancellation Policy: Cancellations with less than 24 hours notice are subject to a 50% charge of scheduled services, no shows are assessed at full price. A credit card is required to hold your appointment.



Book your appointment online at
www.dwtherapy.com/bookonline



Desert Wind Therapeutics

Featuring:

- Colon Hydrotherapy
- Lypossage Body Contouring
- Full Body Realignment
- Massage
- Cranial
- Body Wraps
- Lymphatic Treatments
- Waxing
- Facials
- Skin Master Skin Rejuvenation
- Educational Workshops

Appointments Available 7 Days per Week

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Packages

N'ashci \$260

Our deluxe full day package includes all of our most popular services: Full Body Realignment, slimming body wrap, European facial, and rejuvenating sole. Includes light lunch. *Approx 4 1/2 hours*

Leveche \$95—with 30 minute massage \$115—with 60 minute massage

Colonics are more productive with toxin removal when combined with massage. Treatment includes massage and colon hydrotherapy.

Föhn \$199

60 minute massage, European facial, slimming body wrap
Approx 3 1/2 hours

Harmattan \$195

60 minute Lymphatic massage, body wrap, colonic
Approx 3 1/2 hours

Sirocco \$130

European facial, 60 minute massage
2 hours

Zephyros \$80

Mini-facial, 30 minute massage
1 hour

Tehuantepecer \$180

90 minute massage, European facial, ear candling
Approx 3 hours

We recommend booking packages at least one week in advance for one guest and up to three weeks in advance for two or more guests to allow for optimal scheduling.

Colon Hydrotherapy

Colon Hydrotherapy is an ancient time-honored, gentle water cleansing of the colon. A soothing flow of triple filtered, temperature controlled water gently circulates throughout the colon, coaxing your body to yield the digested toxins and waste that may have built up inside.

People who can benefit from colon hydrotherapy often have symptoms such as feeling bloated, tension, fatigue, allergies, indigestion, chronic headaches, irritability, nervousness, nausea, depression, asthma, backaches, cold hands and feet, and brittle nails and hair.

The main benefit received by releasing the toxic waste in the colon is that we remove the number one source of disease in the body. The bowel works more efficiently in the elimination of waste and nutrient absorption is improved.

Desert Wind Therapeutics uses Lifestream's Angel of Water System. This is an open system utilizing gravity fed, triple filtered water through a pencil thin, single use, sterilized tube. The client inserts the tube on their own, in a completely private room. Though our highly trained technicians will be available if you need them, we leave you in control of the system, you can start and stop the flow of water at any time.

No special clothing or preparation is required, however you should refrain from eating for the two hours prior to your session.

\$55 (30 Minutes)

Series of 3 \$150

Series of 7 \$340



Rejuvenation & Detox Programs

Our environment has become toxic. Everywhere we look we have chemicals, toxins, and other pollutants entering our system. From the food we eat to the air we breath, we cannot completely evade these attackers. Optimal health used to consist of some cardio and weight lifting, but today it has become a complex set of needs to keep ahead of what the world throws at us. Our programs combine services and herbal blends to keep you in top shape. Many of our treatments can be enhanced by the addition of herbal remedies and supplements from such reliable sources as Advanced Naturals and Natural Vitality. We are proud to carry these fine products for your convenience.



Standard Detox Treatment \$205

60 minute massage, detox body wrap, and colon hydrotherapy.

Sondra's Dream \$170

60 minute massage, Lypossage Zone 3, Light Wave Infra-red facial treatment.

Rejuvenating Face Massage \$70 -Specialized combination of massage and aromatherapy products that will revitalize your face while you relax and enjoy.

Lypossage Single Zone Treatment Package \$950 10 sessions

10 sessions of Lypossage over a 5 week period-to detoxify the body and create a smoother, tighter, younger appearance to the skin.

Foot Treatments

Rejuvenating Sole \$35 (25 minutes)

Sit back and relax in our zero gravity chair while your feet are wrapped in peppermint oil infused wrap towels followed by an uplifting foot massage.

Deluxe Foot Spa Treatment \$45 (30 minutes)

Enjoy a warm soak, scrub, and mask for the feet. Massage is incorporated into this unique pampering treatment just for feet!

Reflexology \$45 (30 minutes)

Pressure points on the feet are stimulated to bring balance in the body and promote a general sense of relaxation.

Microdermabrasion

Basic Microdermabrasion \$55 (30 minutes)

Includes cleansing, toning, moisturizing, and full microderm of face & neck

Deluxe Microdermabrasion \$85 (75 minutes)

Includes European facial with cleansing, toning, mask, massage, and extractions, as well as full microderm of the face and neck

Eyelash Extensions

Xtreme™ Eyelash Extensions

Initial Set \$299 (2 hours) Touch-ups \$50-\$100 (15-60 minutes)

Make-up

Make-up Application

Daytime \$40
Evening & Bridal \$70

Tinting

Tinting

Eye Brows \$14
Eye Lash \$25
Both \$36

Waxing

Women

Brows \$15
Lips \$12
Chin \$15
Underarms \$18
Arms \$25
Bikini \$20-\$35
Brazilian \$60
Lower leg \$40+
Full leg \$65

Men

Brow \$15
Underarms \$20
Arms \$30-\$40
Back \$40+
Chest \$45+
Buttocks \$30
Brazilian \$60+

Aesthetics

Morpho-Lympho-Drainage Facial \$125 (105 min)

This signature treatment uses specialized massage to stimulate toxin and water retention elimination, improves cellular renewal and exchange in the epidermis.

4 Sessions	\$455
6 Sessions	\$685
8 Sessions	\$915

OXYAroma Treatment (15 min) \$25

98% pure oxygen inhaled for 15 minutes to help relax and rejuvenate you

European Facial \$70 (60 minutes)

The aesthetician will use a customized blend of products based on your skin type to provide you with a thorough cleansing and moisturizing treatment. Steaming, extractions, and massage are included.

Gentlemen's Facial \$70 (60 minutes)

Treatment will leave the skin cleaner and brighter with a healthy glow. The vitamin and mineral rich formula reinforces the skin, leaving it stronger and able to resist aging from environmental factors

Oxygen Enzyme Peel (30% chemical peel) \$40 (20 minutes) or \$25 added to any facial

All natural fruit enzymes are used to digest and dissolve dead cells, stimulate new cell growth, and reduce fine lines and pigmentation.

Facial Lift (45 min) \$75

Non-surgical facial lifting treatment that detoxifies and beautifies skin. Uses the ancient technique of cupping to smooth fine lines, tighten facial muscles, relieve congestion, promote collagen and elastin production. Customized oils blended for your particular skin.

Mini Facial \$45 (30 minutes)

Ideal for clients on the go, this relaxing, deep cleansing, and balancing facial, includes natural exfoliation and a moisturizing mask.

Back Facial \$55 (45 minutes)

Pamper yourself with an intensive treatment developed exclusively for the beauty and health of an often neglected area. This back facial includes a deep skin cleansing and exfoliation followed by a light massage.

Ear Candling

Ear Candling \$30 (30 Minutes—1 candle per ear) \$50 (60 Minutes—2 candles per ear)

An ancient procedure utilizing wax coated cones that produce convection outside the ear, drawing out impurities providing a feeling of openness in the head and sinuses.

Specialized Treatments \$35 (30 minutes)-2 candles per ear-\$55

Choose from these blends: sinusitis, migraine relief, or uplifting.

Heat Treatments

Aromatherapy Steam \$40 (25 minutes)

A special personalized steam treatment, performed with the client reclining on the table, utilizing special essential oils and/or herbs based on the client's needs. Steam treatments are famous for assisting in weight loss and detox programs, as well as, helping with muscle relaxation and healthy skin maintenance.

Personal Infra-Red Sauna \$40 (25 minutes)

This treatment utilizes a special one person infrared sauna unit. Infrared sauna has been credited with improvements in a wide range of chronic conditions from arthritis to skin conditions. It raises the core temperature, assisting the immune system while stimulating the sweat glands providing an increase in the elimination of toxins. This treatment is suggested as a pre-treatment for many of our detox wraps and treatments.

Add Steam or Infra-Red Sauna to any of our Body Treatments \$30

Acutonics & Energy Treatments

Singing Stone \$100 (90 Minutes)

An intense and unique blend of traditional Native American hot stone therapy and harmonic healing techniques including Acutonic forks and Tibetan singing bowls.

Harmonic Blend \$80 (60 Minutes) \$100 (90 Minutes)

Add the Acutonic forks and Tibetan singing bowls to any standard massage treatment, cranial sacral, or Reiki.

Reiki \$80 (60 Minutes)

An ancient system of natural healing that works with the body's natural energy field.

Cranial Sacral \$80 (60 minutes) \$100 (90 minutes)

A gentle manual adjustment of the cranial bones, sacrum, and connective tissues designed to normalize the pressure and cranial rhythm. This treatment is used for relaxation, sleep disturbances, TMJD, whiplash, and headaches.

Chakra Balancing \$80 (60 minutes)

Harmonic healing and Reiki are combined to assess and treat Chakra and energetic imbalances.



Body Treatments

Egyptian style Slimming / Detox Body Wrap \$70 (75 minutes)

All natural products are combined with the Egyptian art of cloth wrapping to detoxify the body by working with the body's own lymphatic system to draw out the toxins leaving the skin feeling softer, you feel refreshed and at the same time, reducing the appearance of cellulite, and providing inch loss.



Montezuma's Delight \$200 (2 1/2-3 hrs)

A luxurious combination of 3 chocolate infused treatments: body polish, body mud treatment, and massage. Chocolate has long been used as an effective detox, firming and circulatory stimulant. This treatment will take you to new places while improving your health and appearance. Complimentary Chocolate Infused Tea included.

Chocolate Infused Body Polish-\$60 (30 minutes)

Chocolate Infused Body Mud-\$70 (75 minutes)

Chocolate Infused Massage-\$80 (60 minutes)

****Ask about our flavor of the month body treatments**

Secret Of The Ages Cellulite Reduction Treatment \$100

Special combination of exfoliation, deep circulatory and connective tissue massage utilizing a special stimulatory product, seaweed spot mask, and firming moisturizing cream skillfully utilized to reduce the appearance of cellulite around the thighs and buttocks.

Raindrop Therapy-\$100 (60 minutes)

A specialized detoxifying aromatherapy treatment utilizing Young Living Essential Oils.

Body Firming Treatment \$80 (75 minutes)

Includes a body cleansing, exfoliation, mask, massage, and final hydration to improve the tone, texture, and hydration of the skin. Time release multi-fruit acids, multi-vitamin complexes, and caffeine are used with a variety of oxygen infused botanicals.

Add rejuvenating sole \$30 to any body wrap

Experience two services at once by adding a foot treatment to your session.

Body Wrap Packages

4 Slimming or Detox Wraps	\$265
8 Slimming or Detox Wraps	\$490
12 Slimming or Detox Wraps	\$725

SkinMaster

The SkinMaster Skin Rejuvenating System is the exciting new particle-free non-invasive technology that provides a highly effective solution for the most common and troublesome skin problems including: fine lines, premature aging, body lines, blemishes, discoloration, and sun damage.



SkinMaster Problem Skin

\$90 (75 minutes)

Standard oxygen facial combined with the SkinMaster system to treat specific conditions such as acne rosacea, couperose, dry skin and hyperpigmentation.

SkinMaster Facial

\$90 (75 minutes)

Maintenance facial utilizing oxygen-based products and the SkinMaster Skin Rejuvenation System for those with normal, combination, or oily skin.

SkinMaster Fountain of Youth

\$120 (90 minutes)

All natural fruit enzymes are used to digest and dissolve dead cells, stimulate new cell growth, and reduce fine lines and pigmentation.

SkinMaster Facial Packages

4 Sessions	\$345
6 Sessions	\$515
8 Sessions	\$685

SkinMaster Fountain of Youth Packages

4 Sessions	\$455
6 Sessions	\$685
8 Sessions	\$915

Add Oxygen Treatment to SkinMaster Treatments (30 Minutes) \$35

Includes OXYSpray with specialized serums custom blended for your skin. This anti-oxidant treatment can help with rosacea, couperose, acne. OXYAroma -98% pure oxygen inhaled for 15 minutes to help relax and rejuvenate you while the facial products are penetrating.

Massage

Full Body Realignment \$100 (90 Minutes)

This signature treatment is a unique blend of Hot Stone, Shiatsu, and Thai Massage. The therapist uses his feet to deliver an extremely deep massage without the acute pain often associated with deep tissue techniques. Stretching combined with somatic spinal adjustments results in a lengthening and a feeling of alignment in the entire body. This modality is perfect for those suffering from back pain, stiffness, and mobility issues.



Full Body Realignment Plus \$130 (2 Hours)

This upgraded session includes the entire 90 minute Full Body Realignment protocol plus an additional 30 minutes in your choice of Cranial Sacral, Reflexology, Injury, or any additional work in specific areas.

Longer/Stronger \$100 (90 Minutes) \$140 (2 Hours)

A unique blend of Medical Massage, Osteo Symmetry, Positional Release, and Passive Movement that will lengthen your muscles and connective tissue and realign your structure.

Lymphatic Treatments

Lymphassage \$80 (60 Minutes) \$100 (90 minutes)

An overall body treatment to speed up the lymph movement and improve the removal of toxins and excess fluid in the body. This treatment may prove helpful for athletes, bodybuilders, people interested in preventative health care, and those suffering from edema, bloating, weight issues, fibromyalgia, and various forms of arthritis.

Manual Lymph Drainage / Complete Decompressive Medical \$80

Treatment program for lymphatic drainage and treatment of lymphedema. Program includes manual lymph drainage sessions, compression bandaging, skin care, and exercise instruction. Bandages and supplies purchased separately.

Traditional Table Massage \$70 (60 minutes) \$95 (90 minutes)

A traditional massage incorporating various Swedish, Russian, Lymphatic Drainage, and Injury protocols.

Back, Neck, and Shoulders \$40 (30 minutes)

A quick relaxing session to break up daily tension and stress.

Hot Stone \$80 (60 Minutes) \$100 (90 minutes)

Heated stones help break away tension and soothes the mind leaving the body deeply relaxed.

Singing Stone \$100 (90 Minutes)

An intense and unique blend of traditional Native American hot stone therapy and harmonic healing techniques including Acutonic forks and Tibetan singing bowls.

Sports Massage \$80 (60 Minutes) \$100 (90 minutes)

This deep pressure technique incorporates stretching and range of motion to increase flexibility and soothe sore muscles. A vitamin rich muscle relief gel is applied to help in muscle recovery from strenuous workouts.

Couples Massage

We can accommodate two people in the same room with most of our modalities at a minimal additional charge.

Scrubs & Paraffin Dip

Shower-less Salt Scrub \$45 (25 minutes)

Our unique scrub blends lotion with a super fine salt scrub to create a body polish that leaves no oily residue. Warm towels remove excess salt from the skin and are followed by super hydrating lotion to leave skin radiant and silky smooth.

Paraffin Dip \$10 (15 minutes)

An excellent treatment for those with arthritis or severely dry hands or just as an added treat for those overworked digits.